



## **Swimming Program 2011/2012**

**Enrol into our Swimming Program now  
and enjoy all aspects of Aquatics.**

**Dates:** December / January Intensive Holiday Programme  
Lessons can also be conducted throughout the year

**Venue:** Our instructors will instruct at  
your own home pool or beach location.

Our friendly experienced and qualified  
Instructors and Coaches deliver the following programs:

- ❖ **Learn to Swim**
- ❖ **Stroke Correction**
- ❖ **Parent and Baby**
- ❖ **Triathlon Training**
- ❖ **Swim Fit at the Beach**
- ❖ **Junior and Adult group training**
- ❖ **Combined Swim and PT sessions**

**We also provide video analysis to assist with  
your progress and technique**

Contact us on 0401 298 982 to confirm your booking  
[enquiries@selectsportscoaching.com](mailto:enquiries@selectsportscoaching.com)